

The Psychotherapists Board of Aotearoa New Zealand

Te Poari o nga Kaihaumanu Hinengaro o Aotearoa



July 2015

Welcome to the third Board Newsletter for 2015. This issue brings you up to date with some of the Board related work since our last newsletter in April 2015.

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Board Appointments

The Ministry of Health is currently accepting applications from practitioners interested in being a member of the Psychotherapists Board of Aotearoa New Zealand.

To find out more or apply to be a Board member please click [here](#).

The appointment process is managed through the Appointments Advisor at the Governance and Crown Entities (Ministry of Health). Appointments are made by the Minister of Health.

APC Renewals 2015

The Annual Practising Certificate (APC) year runs from 1st October to 30th September.

APC renewal application forms will be available through your personal login from **Monday 17th August 2015**. This will allow all psychotherapists time to complete their APC renewal process prior to the start of the new APC year.

To help this process please ensure that:

- you know your personal login details;
- your contact details are accurate;
- you have allowed time to obtain your supervisor's signature.

APC Renewal Steps

1. Login and complete the online section of the process.

Practitioners have three options:

- a) **Renew:** renew your APC;
 - b) **Non-practising:** retain your name on the Register as a non-practising psychotherapist;
 - c) **Removal:** request to have your name removed from the Register of psychotherapists.
2. Print off the form at the end of the online process. Obtain your supervisor's signature and attestation that they have sighted and discussed your Recertification Plan, and return the form to the Registrar.

Psychotherapists cannot access the APC renewal form unless they complete the online section of the renewal process.

Further information on the APC renewal process can be found on the Board's website under 'How to renew your Annual Practising Certificate'.

Reminder: Receipts are available to be printed from your personal login.

Recertification Programme

All practitioners holding a current APC are required to engage in continued professional development, and self-reflection of their current level of competency.

Self-reflection should be aimed at identifying areas of growth, development, and improvement.

The Board's Recertification Programme has now been running for one (1) year. Recertification Plans should now be in place or underway for the 2015/2016 APC year.

Further information on the Board's Recertification Programme can be found on the Board's website under 'Recertification'.

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Recertification Audit

The Board will audit selected practitioner recertification plans in February 2016. The first audit will be carried out by the full Board. Following this the Board will agree a process for future audits.

Practitioners selected for audit will be notified by early December 2015. Practitioners selected will be required to send their completed Recertification Plan to the Board's Registrar on or before 1st February 2016.

Consultation, Interim Psychotherapist Scope of Practice

The Board's consultation on the Interim Psychotherapist Scope of Practice closed on the 26th July 2015. All feedback will be reviewed at the September Board meeting.

Accreditation Committee Update

The Accreditation Committee continues to work on a draft structure for the accreditation of psychotherapy training programmes. Initial consultation with *programme providers* started in July 2015.

Wider consultation will be held as soon as practicable. This will involve programme providers, practitioners, stakeholders and the public.

To clarify, accreditation criteria will be developed for both pathways; the Tertiary pathway and the Professional Development Pathway. The Board has started with the Tertiary Pathway and will begin work on developing accreditation criteria for the Professional Development Pathway later this year.

Office Move

The Board has moved to 90 The Terrace, Wellington (across the road from ASB House, its previous location).

This is an interim move. The Board expects to remain at 90 The Terrace for 12 months, after which it intends to collocate with 10 other Regulatory Authorities.

Diagnosis

The Board has been asked whether psychotherapists may diagnose. The Board wishes to clarify that all psychotherapists 'shall practise within their area and level of

expertise and with due regard to ethical, legal and Board prescribed standards'. Practitioners will make this decision based on their employment contract, training, expertise and knowledge.

Board meetings 2016

The Board has confirmed its meeting dates for 2016, these are:

26th and 27th February – Wellington
1st and 2nd May – Christchurch
11th June – Wellington
(Planning Day)
22nd and 23rd July – Auckland
11th and 12 September – Wellington
25th and 26th November – Wellington

Meet the Board

The next Board meeting is in Auckland on the 4th September 2015.

Practitioners are invited to meet with the Board (open forum). This is a great opportunity to ask questions about recertification, accreditation or simply meet the Board members and engage in conversation. If you are intending to come along, please RSVP to registrar@pbanz.org.nz.

Date: Friday 4th September 2015
Time: 4.30pm
Location: Jet Park Hotel
<http://www.jetpark.co.nz/>