

# The Psychotherapists Board of Aotearoa New Zealand

*Te Poari o nga Kaihauumanu Hinengaro o Aotearoa*



**June 2018**

*Tēnā tātou katoa,  
Nau mai haere mai ki te pānui a-marama.  
He mihi maioha ki a koutou  
Ko te tumanako kua ora katoa o koutou whānau*

*Welcome to the Newsletter for this month.  
Warm regards to you all at this time of the year.  
We hope that you and your families are well.*

This issue brings you up to date with Board related work since our last newsletter in April 2018

## **In this issue:**

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### **Annual Practising Certification renewal**

The Annual Practising Certificate (APC) year runs from 1 October to 30 September.

The APC renewal process will open, through your personal login, on **Monday 6th August 2018**. This will allow all psychotherapists time to complete their APC renewal process prior to the start of the new APC year.

To help this process please ensure that:

- you know your personal login details;
- your contact details are accurate;
- you have allowed time to obtain your supervisor's signature.

Please ensure your email address is up to date as the Board's primary means of contact is through email.

As a reminder the APC Renewal steps are:

1. Login and complete the online section of the process.

Practitioners have three options:

- a) **Renew**: renew your APC;
- b) **Non-practising**: retain your name on the Register as a non-practising psychotherapist<sup>1</sup>;
- c) **Removal**: request to have your name removed from the Register of psychotherapists.

<sup>1</sup> Non-practising means that you are not working. For example: on parental leave, on sick leave, on an extended holiday.

2. Print the form at the end of the online process.

3. Obtain your supervisor's signature and attestation that they have sighted and discussed your Recertification Plan, and return the form to the Registrar.

[Further information on the APC renewal process can be found on the Board's website under 'How to renew your Annual Practising Certificate'.](#)

### **Recertification Audit update**

The 2016-2017 audit has nearly been completed.

Thank you to all the psychotherapists who were selected for and engaged in the 2016-2017 Recertification Audit.

Overall the audit process was successful with the Board continuing to receive encouraging and positive feedback from many psychotherapists about the recertification process.

Feedback indicated that psychotherapists are finding the self-reflective process beneficial and useful to their practice.

Once the audit has been completed the Board will update its Recertification Plan tips; the tips outline information related to audit that psychotherapists engaged in future audits may find useful.

[The updated audit tips list will be available on the Recertification and Audit page of the Board's Website.](#)

### **Accreditation Standards for Psychotherapy Training Programmes - Training Provider Consultation**

The Board is pleased to advise that it has recently begun a further round of consultation with

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psychotherapy training providers on accreditation standards.

As part of this process, facilitated consultation hui for training providers will take place in July. Training providers will be invited to attend once details have been finalised.

If you are a training provider and have not been contacted by the Board about this consultation process please contact the Board's Registrar [registrar@pbanz.org.nz](mailto:registrar@pbanz.org.nz)

Wider consultation is anticipated to be held late 2018 or early 2019. This will involve training providers, practitioners, the public, regulatory authorities and other agencies related to psychotherapy training.

## Interesting Links and Reminders

### Use of electronic contact

- Psychotherapists may be interested in the ACC produced [guidelines](#) for the use of telepsychology in the treatment of ACC clients.

### Brochures

- As a reminder the Board has two brochures on its Website which are available to be downloaded.

The brochure 'Considering psychotherapy - a guide for clients and their families' was developed for members of the public and may be a useful tool for psychotherapists to print and have in their practice rooms.

The brochure 'Confidence in your health practitioner' explains the purpose of the Health Practitioners Competence Assurance Act 2003.

## Meet the Board

The next Board meeting is in Wellington on Sunday 19<sup>th</sup> August 2018. Practitioners are invited to meet with the Board (open forum). This is an opportunity to ask questions about recertification or current Board work, and to meet Board members and engage in conversation. If you intend to come along, please RSVP to [registrar@pbanz.org.nz](mailto:registrar@pbanz.org.nz). A reminder will be sent closer to the time.

Date: Sunday 19 August 2018

Time: 4.00pm – 5.00pm

Location: Level 7, 22 Willeston Street, Wellington

Nga mihi mahana,  
Best wishes

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