

RECERTIFICATION PLAN (one plan per year)

***NB the plan covers the APC year 1st October-30th September**

Practitioner's Name: Must be included	Scope of Practice: Must be included	Registration Number: Must be included
Supervisor's Name: Must be included	The date your plan was last sighted and discussed with your supervisor: Must be included	

Self-reflection: Identify area/s for growth, development and improvement.	Development Plan: Identify how you intend to develop and improve in the identified area.	Review of progress: Comment on your progress throughout the year with identified areas of improvements and updates on progress. At the end of the year, you should review and finalise your plan showing how your learning is being/will be transferred to your practice.
1. <u>Core Clinical Competencies</u>		
Area or areas of competency you are focusing on and your rationale for this:		
<p><i>Example only</i></p> <ul style="list-style-type: none"> • Psychosomatic symptoms / conversion disorder • Suicidal ideation • Prescribed medication and its effects <p>My rationale for focusing on the above is that over the last couple of years I have been receiving more referrals for people presenting with these issues. I have also had a number of supervisees bringing these issues to discuss in supervision. It is important that I am as informed as I can be in order to work competently and effectively in these areas.</p>	<p><i>Example only</i></p> <p>In order to gain knowledge and have an informed understanding in these areas I will seek current research articles and relevant reading.</p> <p>I will look for any training and/or seminars covering each of the topics identified.</p> <p>I have registered for the National Zero Suicide Forum 2018.</p>	<p><i>Example only</i></p> <p>Readings and resources accessed in relation to current knowledge and understanding from different perspectives.</p> <p>*Conversion disorder: Mayo Foundation for Medical Education and Research. Retrieved 25 October 2013. *Elia, J., 2017. Somatic Symptoms and Related Disorders. In Psychiatry and Human Behaviour. *Psychotherapy and Psychosomatics: Vol.87, No3, 2018.</p> <p>Attended the National Zero Suicide Forum 2018. *Health care: suicide screening and assessment.</p> <p>Apart from the Zero Forum I did not find any other suitable training/seminars to attend.</p>

	<p>I have contact with a broad range of colleagues experienced in these areas who I will consult with as applicable.</p> <p>I will also bring my questions, thoughts and dilemmas for discussion to my own clinical supervision.</p>	<p>*//www.goodtherapy.org/drugs/psychotropicmedication.htm' "Psychotherapy and Psychosomatics": Vol.87.No.3, 2018. *Health Navigator(NZ); "Antipsychotic medication" 2017. I have continued to consult with colleagues which has been most helpful. I have also taken my questions and discussed my experiences in clinical supervision.</p>
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2. Standards of Cultural Competence: Areas of competency you are focusing on and your rationale for this:

<p>Any area or areas of cultural competency you are focusing on and your rationale for this:</p> <p><i>Example only</i></p> <p>1) I will maintain currency of bi-cultural practice. My rationale for this is my overall commitment to bicultural awareness.</p>	<p><i>Example only</i></p> <p>In order to gain knowledge and have an informed understanding in these areas I will seek relevant reading and resources. In addition, I will seek consultation, advice and recourses from CCS Disability Action. I will also seek recourses from The World Professional Association for Transgender Health (WPATH).</p>	<p><i>Example only:</i></p> <p>I have sought and kept up to date with learning resources from CCS Disability Action. I have also consulted with CCS Disability Action staff for information and clarification as appropriate. I accessed resources</p>
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<p><i>Example only</i></p> <p>2)</p> <ul style="list-style-type: none"> • Working with the parents of a child with a disability • Working with clients presenting with gender dysphoria <p>My rationale for the above is similar to that of the Clinical Competencies, i.e. these are areas I have been coming across more frequently in my practice, both in my individual work and the work of practitioners I provide clinical supervision for.</p>		
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3. <u>Standards of Ethical Conduct</u> Area or areas of competency you are focusing on and your rationale for this:		
<p><i>Example only</i></p> <ul style="list-style-type: none"> • Working within the Family Court system and Statutory Bodies in relation to therapeutic intervention and privacy rights. <p>I have recently become aware of the complexity of informed consent and requests from lawyers and statutory bodies to provide information. This</p>	<p><i>Example only</i></p> <p>I will re-read this section of the Privacy Act and seek any additional resources from the Privacy Commission. I will also re-read HDC consumer rights.</p>	<p><i>Example only</i></p> <p>I have been able to incorporate and confidently use aspects of the Privacy Act on several occasions when consulting with lawyers to ensure privacy is protected. I have also brought this information to supervisees' attention as necessary.</p>

experience has prompted me to ensure that I am up to date with the Privacy Act in relation to consent; and the Code of Health and Disability Services (HDC) consumer rights.		
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4. Te Tiriti o Waitangi goal: Area or areas you are focusing on and your rationale for this:		
Please reflect on your commitment to Te Tiriti o Waitangi in your therapeutic practice. How do you seek to develop personal growth and awareness of Te Tiriti o Waitangi?		